

STATE OF OKLAHOMA

2nd Session of the 60th Legislature (2026)

HOUSE BILL 3137

By: West (Kevin)

AS INTRODUCED

An Act relating to definitions and general provisions; making legislative findings; amending Section 1, Chapter 161, O.S.L. 2024 (25 O.S. Supp. 2025, Section 90.29), which relates to daylight saving time; modifying provisions for implementation of time standard; providing for modification based upon actions by certain contiguous states; providing for noncodification; and providing an effective date.

BE IT ENACTED BY THE PEOPLE OF THE STATE OF OKLAHOMA:

SECTION 1. NEW LAW A new section of law not to be codified in the Oklahoma Statutes reads as follows:

The Legislature finds the following:

1. Changing clocks seasonally is disruptive to health, safety, education, and economy;

2. Federal law permits permanent standard time by exemption from daylight saving time as the only alternative to seasonal changing of clocks;

3. Permanent daylight saving time has historically been repealed due to harm to health, safety, education, and economy soon after trials in World War II and the 1970s Oil Crisis;

1 4. Permanent standard time has historically proven to last
2 without incident for decades;

3 5. The Southern Sleep Society, American Academy of Sleep
4 Medicine, National Sleep Foundation, Sleep Research Society, and
5 Society for Research on Biological Rhythms advise against permanent
6 daylight saving time and recommend permanent standard time;

7 6. Standard time is intended to approximate natural solar time;
8 and

9 7. Coordination with contiguous states regarding timekeeping is
10 essential to convenience of commerce.

11 SECTION 2. AMENDATORY Section 1, Chapter 161, O.S.L.
12 2024 (25 O.S. Supp. 2025, Section 90.29), is amended to read as
13 follows:

14 Section 90.29. A. The standard time in Oklahoma and in all
15 political subdivisions of this state is the solar time of the
16 ninetieth meridian west of Greenwich, commonly known as central
17 standard time, as defined in Sections 261 and 263 of Title 15 of the
18 United States Code.

19 B. Unless or until the condition of subsection C of this section
20 is fulfilled, the State of Oklahoma, acting under the current
21 provisions of Section 260a of Title 15 of the United States Code,
22 shall be exempt from the advancement of standard time known as
23 daylight saving time, effective only on and after January 1 of the
24

1 year following or coinciding with exemption from daylight saving
2 time in any two of the following four:

3 1. The state of Arkansas;

4 2. The portion of the state of Kansas that is in the central time
5 zone;

6 3. The state of Missouri; and

7 4. The portion of the state of Texas that is in the central time
8 zone.

9 C. If a federal law is passed that authorizes states to observe
10 daylight saving time year-round, this state shall adopt daylight
11 saving time as the year-round standard of time for the entire state
12 and all its political subdivisions.

13 ~~B.~~ D. This section shall not be construed to affect the
14 standard time established by federal law governing the movement of
15 common carriers engaged in interstate commerce or the time for
16 performance of an act by an officer or department of the United
17 States, as established by a statute, lawful order, rule, or
18 regulation of the United States or an agency thereof.

19 SECTION 3. This act shall become effective November 1, 2026.
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